

Under The High Patronage of His Majesty the King Mohammed VI



The Moroccan League for the Fight against Diabetes

Organizes

10th International Conference on Diabetes and Nutrition

« Diabetes Morocco 2021 »

Virtual Congress, 1st, 2nd and 3rd July, 2021

Honorary President

Prof. Andrew BOULTON

President of International Diabetes Federation

In collaboration with:

- International Diabetes Federation MENA Region
- WHO - CNOPS - ANAM
- Society of Endocrinology Diabetology and Nutrition
- Moroccan Society of Nutrition, Health and Environment
- Kenitra Ibn Tofail University
- “AVIESAINE” Association
- Regional Designated Center of Nutrition AFRA/IAEA (University Ibn Tofail - CNESTEN).

Program

Thursday July the 1st

Updates in Nutrition

2:00 – 3:30 pm (GMT+1)

Session 1

Isotopic techniques and Nutrition

Modérateurs : H. AGUENAOU (Morocco), N.A. KHAN (France), M.A. BOLLAHI (Mauritania)

- 2:00 - 2:15 pm - Isotopic techniques: necessary tools for the well-being and health of the population. What can the IAEA provide? C.U. LOECHL (Austria)
- 2:15 - 2:25 pm - Interest of isotopic techniques in the field of nutrition: Experience from Benin. W. AMOUSSA HOUNKPATIN (Benin)
- 2:25 – 2:35 pm - Interest of isotopic techniques in the field of nutrition: Experience of Tunisia. A. MANKAI (Tunisia)
- 2:35 - 2:45 pm - Interest of isotopic techniques in the field of nutrition: Cameroon experience. B.C. ETOUNDI OMGBA (Cameroun)
- 2:45 - 2:55 pm - Interest of isotopic techniques in the field of nutrition: Mauritanian experience. L. HAIBA LEGRAA (Mauritania)
- 2:55 - 3:05 pm - Interest of isotopic techniques in the field of nutrition: Experience from Morocco, Malawi and Seychelles. K. EL KARI (Morocco)
- 3:05 - 3:15 pm - Determination of physical activity and energy expenditure by isotopic techniques in Moroccan adolescents. H. BENKIRANE (Morocco)
- 3:15 – 3:30 pm - Discussion

3:30 – 4:45 pm

Session 2

Nutrition and context of antiviral control

Modérateurs : M. YOUBI (Rabat), B. RABI (Casablanca), S. MEHDAD (Rabat)

- 3:30 – 3:45 pm - The fight against zoonoses: case of the Zodiac project. A. MEZIANE BELLEFKIH (Rabat)
- 3:45 – 4:00 pm - Role of micronutrients in the fight against infectious diseases. J. HEIKEL, (Casablanca)
- 4:00 – 4:15 pm - Data from nutrigenomics in the service of antiviral control. E. EL FAHIME (Rabat)
- 4:15 – 4:30 pm – Obesity and Covid-19. A. BARKAT (Rabat)
- 4:30 – 4:45 pm – Discussion

4:45 – 6:30 pm

Session 3

NCDs, micronutrient deficiencies and Nutrition

Modérateurs : A. YAHYANE (Rabat), J. BELKHADIR (Rabat), S. BENAICH (Rabat),
H. EL BERRI (Cairo)

4:45 – 5:00 pm - The fight against micronutrient deficiencies: what's new?

L. EL AMMARI (Rabat)

5:00 – 5:15 pm - Fortification of wheat flour with NaFeEDTA iron: A means of combating iron deficiency in Morocco. **H. AGUENAOU (Kenitra)**

5:15 – 5:30 pm - The fight against non-communicable diseases: what's new?

L. BELAKHEL (Rabat)

5:30 – 5:45 pm - Intake of ultra-processed foods and risk of cardiovascular disease.

S. HERCBERG (Paris)

5:45 – 6:00 pm - Lipid taste receptors: can they be a target against obesity.

N.A. KHAN (Dijon)

6:00 – 6:15 pm - Nutritional transition in the Eastern Mediterranean Region: emergence of chronic diseases. **R. DOGGUI (Montreal)**

6:15 – 6:30 pm - **Discussion**

Friday July the 2nd

2:00 – 2:15 pm (GMT+1) Opening Ceremony

2:15 – 3:15 pm Lectures

Moderators : F. MAROUANE (Casablanca), M. ADNAOUI (Rabat), J. BELKHADIR (Rabat)

2:15 – 2:35 pm - The era of COVID-19 and diabetes. Challenges in Africa and MENA Region.

A. BOULTON (Manchester)

2:35 – 2:55 pm - Brain and diabetes: an inseparable couple. **C. JAFFIOL (Montpellier)**

2:55 – 3:15 pm - Reform of the health system in Morocco: what impact on the management of diabetes?

Y. EL FAKIR (Rabat)

Updates in Diabetology

3:15 – 4:30 pm Session 1

Moderators : A. CHRAIBI (Agadir), S. SAFI (Meknes), H. LHASSANI (Rabat)

3:15 – 3:30 pm - Prediabetes: does it really matter? **M.E. GHARBI, K. RIFAI (Rabat)**

3:30 – 3:45 pm - Prevention or delay of type 2 diabetes? **A. SAYED (Sohag)**

3:45 – 4:00 pm - What does the new diabetes classification bring? **B. CHARBONNEL (Nantes)**

4:00 – 4:15 pm - Why type 1 diabetes is increasing regularly? **N.M. BALDE (Conakry)**

4:15 – 4:30 pm - Discussion

4:30 – 5:00 pm Symposium Boehringer

i-DPP4: The challenges expected in 2021. K. BENOMAR (Casablanca)

5:00 – 6:15 pm Session 2

Moderators : M.E. GHARBI (Rabat), R. MALEK (Setif), S. ROUF (Oujda)

5:00 – 5:15 pm - Glycemic variability, an essential parameter of modern diabetology

N. EL ANSARI (Marrakech)

5:15 – 5:30 pm - Hypoglycemia : the forgotten complication. **K. BENOMAR (Casablanca)**

5:30 – 5:45 pm - New Technology in diabetes management. **H. ELOUAHABI (Fez)**

5:45 – 6:00 pm - " Me and my Diabetes ": A new Moroccan application to help type 1 diabetics.

H. LATRECH (Oujda)

6:00 – 6:15 pm - Discussion

6:15 – 6:45 pm Symposium Sanofi

The latest generation Basal insulin in practice. [H IRAQI \(Rabat\)](#)

6:45 – 7:45 pm Session 3

Moderators : [H. LATRECH \(Oujda\)](#), [N. ALBACHE \(Creusot\)](#), [A. FAROUQI \(Casablanca\)](#)

6:45 – 7:00 pm - Treatment of type 2 Diabetes: IDF MENA Guidelines. [A. BASIT \(Karachi\)](#)

7:00 – 7:15 pm - Why early diagnosis of cardiovascular and renal risks in T2DM?

[M. BUYSSCHAERT \(Brussels\)](#)

7:15 – 7:30 pm - Diabetes and heart failure: what challenges? [M. ALAMI \(Casablanca\)](#)

7:30 – 7:45 pm – Discussion

Saturday July the 3rd

2:00 – 3:15 pm (GMT+1) Session 4

Moderators : [H. EL GHOMARI \(Casablanca\)](#), [K. RIFAI \(Rabat\)](#), [J. BELKHADIR \(Rabat\)](#)

2:00 – 2:15 pm - Is Metformin always the first option of type 2 diabetes treatment in 2021?

[J.D. LALAU \(Amiens\)](#)

2:15 – 2:30 pm - The preferred second line therapy after metformin in T2DM: SGLT2i or GLP-1 analogues?

[M. HASSANEIN \(Dubai\)](#)

2:30 – 2:45 pm - The future of incretin-based treatments. [H. IRAQI \(Rabat\)](#)

2:45 – 3:00 pm - The new cardiometabolic specialty: is it a necessity? [S. HALIMI \(Grenoble\)](#)

3:00 – 3:15 pm - Discussion

3:15 – 3:45 pm Symposium Servier

What news in diabetes in 2021? [H. IRAQI \(Rabat\)](#)

4:00 – 5:00 pm Session 5

Moderators : [G. BELMEJDOUB \(Rabat\)](#), [A. GAOUZI \(Rabat\)](#), [F.Z. MOUZOUNI \(Rabat\)](#)

4:00 – 4:15 pm - When to initiate insulin in people with type 2 diabetes? [K. MESBAH \(El Minya\)](#)

4:15 – 4:30 pm - Metabolic surgery in type 2 diabetic patients: what results in 2021?

[B. BAUDUCEAU \(Paris\)](#)

4:30 – 4:45 pm - Strategies and tools to improve the transition from pediatric to adult diabetes care.

[F. JENNANE \(Casablanca\)](#)

4:45 – 5:00 pm - Discussion

5:00 – 6:15 pm

Session 6

Moderators : K. BENABED (Rabat), A. MARRAKCHI (Fez), I. KOCHTALI (Tunis)

5:00 – 5:15 pm - Gender and diabetes: what differences? I. SHALTOUT (Cairo)

5:15 – 5:30 pm - Erectile dysfunction in diabetes. A. GUERBOUB (Rabat)

5:30 – 5:45 pm - New perspectives on diabetic retinopathy: diagnosis and treatment
N. ESSAKALLI (Rabat)

5:45 – 6:00 pm - Diabetes and NASH: what's new? H. EL BACHA (Rabat)

6:00 – 6:15 pm – Discussion

6:15 – 6:45 pm

Symposium NovoNordisk

**The new generation of insulin: what added value
in the treatment algorithm for type 2 diabetic patients? S. JAMBART (Beirut)**

6:45 – 8:00 pm

Diabetes and Pregnancy

Moderators : H. SALHI (Fez), M. SANDID (Beirut), M. BELASSOUAD (Sfax)

6:45 – 7:00 pm - Guidelines of GDM in IDF MENA Region. S. NAZ MASOOD (Karachi)

7:00 – 7:15 pm - Diabetes type 1 and pregnancy. R. Bezad (Rabat)

7:15 – 7:30 pm - Obesity and pregnancy. M. BENKACEM (Tanger)

7:30 – 7:45 pm - Gestational Diabetes in Morocco and MENA Region. B. ASSARAG (Rabat)

7:45 – 8:00 pm - Discussion

Closing of the Conference

Both languages French and English are used in the Congress.