



13th National Conference on Diabetes and Nutrition

« Diabetes Morocco 2024 »

Hybrid mode

Faculty of Medicine and Pharmacy
Agadir, 5 and 6 July 2024

Scientifique Program

Friday Morning

8:30 a.m. Welcome and registration

Nutrition and Diabetology

**Day under the auspices of the Moroccan Society of Nutrition,
Health and Environment**

9:00 – 10:15 a.m. Session 1

Nutrition and Diabetes :

What's new in North Africa and Middle East?

**Moderators : H. AGUENAOU, J. BELKHADIR, N. BENAJIBA,
M. BRAHIMI**

- What's new in Morocco? Jaafar HEIKEL (Casablanca)

- What's new in Tunisia? **Henda JAMOUCSI (Tunis)**
- What's new in Algeria? **Khaled BOUMEDIANE (Sidi Belabbes)**
- What's new in Saudi Arabia ? **Abeer SALMAN ALZABEN (Ryad)**
- What's new UAE ? **Faris Ezzat MOEZ AL-ISLAM (Sharjah)**

10:15 – 10:30 a.m. Health Break

10:30 – 11:45 a.m. Session 2

Nutrition and Diabète : What's new in Central Africa ?

Moderators : A. BARKAT, B. RABI, H. EL HSAINI, H. EL BERRI

- What's new in Mauritania?
Mohamed ABDELLAHI BOLLAHI (Nouakchott)
- What's new in Senegal? **Adama DIOUF (Dakar)**
- What's new in Ivory Coast? **Odile AKE (Abidjan)**
- What's new in Benin? **Carmelle MIZEHOUN (Cotonou)**
- What's new in Togo? **Mamatchi MELILA (Lome)**
- What's new in Tchad? **Jonathan NDOKAIN (N'Djamena)**

11:45 – 12:45 a.m. Session 3

Nutrition and Diabetes : What's new in Southern Africa?

Moderators : J. HEIKEL, K. EL KARI, P. UKEGBU, M. MAHFOUDI

- What's new in Malawi? **Queen MWAKHWANA (Malawi)**
- What's new in Zambia? **Chipili GIVEN (Zambia)**
- What's new in South Africa? **Andries MONYEKI (South Africa)**
- What's new in Kenya? **Dorcus Mbithe D. KIGARU (Kenya)**

1:00 – 2:30 p.m. Lunch`

Friday afternoon

Diabetology

2:30 – 3:30 p.m.

Session 1

**Moderators : J. BELKHADIR, A. CHRAIBI, H. AGUENAOUI,
H. EL BERRI**

- Diabetes and obesity : close links. **Mariem BENKACEM (Tanger)**
- Adolescent Obesity : A big problem in perspective.
Inass SHALTOUT (Cairo)
- The new treatment of obesity. **Bernard BAUDUCEAU (Paris)**

3:30 – 4:00 p.m.

Symposium

4:00 – 4:30 p.m.

Opening Ceremony

4:30 – 5:30 p.m.

Opening Lectures

**Moderators : J. BELKHADIR, A. CHRAIBI, H. AGUENAOUI,
F.Z. MOUZOUNI**

- UN and major challenges of Nutrition in the world. **Najat MOKHTAR (Vienna)**
- Obesity and Nutrition. **Naima MOUSTAID-MOUSSA (USA)**
- The global burden of Diabetes: How is the International Diabetes Federation responding to this challenge? **Peter SCHWARZ (Germany)**

5:30 – 6:00

Symposium

Saturday Morning

8:30 a.m. Registration

Diabetology

9:00 – 10:30 a.m. Session 2

Moderators : L. BELAKHEL, H. LATRECH, K. RIFAI, Y. KHABBAL

- ADA 2024 Congress : What's new ? **Kanza BENOMAR (Casablanca)**
- Diabetic cardiomyopathy: a complication still underestimated?
- **Mohamed EL MINAOUI (Agadir)**
- Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) and Diabetes: chicken or egg? **Nourdin AQODAD (Agadir)**
- Microbiota and Diabètes. **Ikram ERRABIH (Rabat)**

10:30 – 11:00 a.m. Symposium

11:00 – 11:15 a.m. Health Break

11:15 – 12:45 a.m. Session 3

**Moderators : F. ELGUENDOZ, M. BENKACEM, H. LHASSANI,
N. AQODAD**

- Diabetic retinopathy biomarkers and treatment targets from. **Shamil LOUAYA (Agadir)**
- Diabetic neuropathy from genetics to clinical practice. **Nawal ADALI (Agadir)**
- The old and the new risk factors for diabetic kidney disease. **Mohamed ARRAYHANI (Agadir)**
- New possibilities for treating residual cardiovascular risk in diabetes. **Mohamed ALAMI (Casablanca)**

0:45 – 1:15 p.m. Symposium

1:15 – 2:30 p.m. Lunch

Saturday Afternoon

2:30 – 3:45 p.m.

Session 4

**Moderators : K. BENABED, N. EL ANSARI, A. GAOUZI,
M. ARRAYHANI**

- Diabetes and Education : the real challenges. **Yassine ERRAHALI (Rabat)**
- Hot topics in nutrition: what is the evidence?
Faïçal EL GUENDOUIZ (Meknès)
- Shouldn't everyone with diabetes and CKD receive SGLT-2 inhibitors?
Martin BUYSSKAERT (Bruxelles)
- Insulin pumps in 2024: What's new? **Hanane LATRECH (Oujda)**

3:45 – 5:00 p.m.

Session 5

Moderators : K. BENOMAR, N. ADALI, J. HEIKEL, Y. ERRAHALI

- The ongoing impact of the DCCT/EDIC Study at 40 Years.
Sara DERROU (Meknès)
- Is lasting remission of type 2 diabetes feasible in the real world setting?
Kaoutar RIFAI (Rabat)
- ADA 2024 Guidelines : what's new? **Azzelarab MEFTAH (Marrakech)**
- Diabetes endotypes defined by DNA. **El Mostafa EL FAHIME (Rabat)**

5:00 – 5:15 p.m.

Health Break

5:15 – 6:30 p.m.

Session 6

**Moderators : J. BELKHADIR, H. GHARBI, Y. KHABBAL,
N. OULACHGAR**

- Artificial Intelligence and precision medicine for Endocrinologie - Diabetology. **Ali HALOUACHE (Rabat)**
- Diabetic care pathway in Morocco and Specialist/general practitioner relationship: For optimal care? **Jaafar HEIKEL (Casablanca)**

- Metabolic diseases and basic medical training in Morocco: What needs to be reviewed? **Abdelmjid CHRAIBI (Agadir)**
- Health reform in Morocco: where are we?
Moulay Said AFIF (Casablanca)

6:30 p.m.

Closing Session