



15th International Conference on Diabetes and Nutrition

« Diabetes Morocco 2026 »

Hybrid Format

International University of Rabat
Rabat, May 8 - 9, 2026
Amphitheater 14, Building 6

Scientific Programme

Friday, May 8, 2026
14:30-18:00

Trans Fatty Acids : What's New ?

Introduction

Trans fatty acids represent a major public health concern, closely associated with diabetes and cardiovascular diseases. Their reduction is now an urgent priority requiring coordinated and evidence-based action.

Objectives

This session aims to translate scientific knowledge into concrete actions to accelerate the elimination of trans fatty acids in Morocco, strengthen public policies, and promote healthier diets.

14:30 – 14:45 : Welcome and Opening Remarks

President, International Diabetes Federation

Peter SCHWARZ

President, Moroccan Society of Nutrition, Health and Environment (SMNSE).

Jaafar HEIKEL

President, Moroccan League to Fight Against Diabetes

Jamal BELKHADIR

Vice-president for Research & Development, International University of Rabat

Abdelaziz BENJOUAD

Dean, School of Paramedical Sciences

Houda EL HSAINI

Program Officer, Knowledge to Policy (K2P) – American University of Beirut.

Clara ABOU SAMRA

14:45 – 16:30 :

Scientific Presentations and Strategies

Moderators

Nada BENAJIBA - Jaafar HEIKEL - Houda EL HSAINI - Meryem LAZRAK - Hassan AGUENAOU - Amina BARKAT

Oro-sensory perception of fatty acids in obese and normal-weight Moroccan subjects (15min). **Khalid EL KARI, RDC-Nutrition AFRA/AIEA (CNESTEN-UIT)**

Mapping levels and sources of trans fatty acids in Morocco in 2026 (15 min)
Salma AZZIOUI, Mohamed V University, Rabat

Morocco's National Nutrition Strategy (2024-2030) : A multisectoral approach to tackling the triple burden of malnutrition (15 min).
Hasnae GAMIH, Ministry of Health and Social Protection

Initiative REPLACE de l'OMS (15 min)
Latifa BELAKHEL, WHO Morocco Office

Acides gras trans au Maroc : état des lieux, cadre réglementaire et perspectives pour une alimentation plus saine (15 min)
Amina EL HAJJAB, Ministry of Agriculture/IAV Hassan II

Réduction des acides gras trans : Initiatives parlementaires (15 min)
Mustapha BRAHIMI – Member of Parliament

Discussion (15 min)

14h45 – 16h30 :

Health Break

16h45 – 17h30 :

Round Table

« Reducing Trans Fatty Acids in Morocco: Science, Public Policy and Public Awareness» (45 min)

Moderators

Baha RABI - Jamal BELKHADIR

Panélistes :

Nada BENAJIBA

Amina EL HAJJAB

Clara ABOU SAMRA

Laila EL AMMARI

Axes de discussion :

Translating scientific evidence into public policy

Regulatory challenges and opportunities

Role of media in public awareness and behavior change

Practical steps toward eliminating trans fatty acids in Morocco

Audience Q&A (onsite and online) (15 min)

17h30 – 18h00 : Key Messages and Closing Session

Trans Fatty Acids

- Summary of key findings and policy-relevant messages
- Call to action and next steps
- Closing remarks by the Moroccan League to Fight Against Diabetes and K2P – American University of Beirut

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Saturday, May 9, 2026

9:00-17:45

Diabetology -Obesity in 2026 : What's New ?

Introduction

Diabetes and obesity are major and growing public health challenges worldwide and nationally. Their complexity requires innovative, integrated, and personalized approaches. Recent scientific, therapeutic, and technological advances offer new perspectives for their management.

Objectives

This scientific day aims to highlight the latest advances in diabetology and obesity, focusing on therapeutic innovation, precision medicine, nutrition, and the role of new technologies, particularly artificial intelligence, while promoting better clinical practices and comprehensive patient care.

Saturday Morning

09:00 – 13:00

9:00 – 10:00 : Session 1

Moderators

**M.H. GHARBI (Rabat) – F. RKIOUAK (Rabat) - M. BENKASSEM) (Tanger) –
J. BELKHADIR (Rabat)**

Gestational diabetes: toward precision medicine. **K. RIFAI (Rabat)**

Diabetes and nutrition. **Z. HABBADI (Rabat)**

Moroccan Food Composition Table. **K. EL KARI & H. AGUENAOU (Rabat)**

Discussion

10:00 – 10:30 : NovoNordisk Symposium

**« Individualizing Type 2 Diabetes Treatment Strategy: Focus on Semaglutide ».
L. ABAINOU (Agadir)**

10:30-10:45 : Health Beak

10:45 – 12:15 :

Session 2

Moderators

H. IRAQI (Rabat) – H. LATRECH (Oujda) - H. SALHI (Fes) – S. ABAHOU (Rabat)

Type 1 diabetes and new immunological treatments. **K. BENOMAR (Casablanca)**

Diabetes and epigenetics. **M. ELFAHIME (Rabat)**

Type 2 diabetes: pharmacological therapeutic approach. **F. TOULALI (Rabat)**

Diabetes and heart failure with preserved ejection fraction. **M. ALAMI (Casablanca)**

Discussion

12:15 – 12:45 :

Boehringer Symposium

« When Efficiency Meets Simplicity in Type 2 Diabetes Management »

I. IRAQI (Rabat)

Lunch Break

Saturday Afternoon
14:00 - 18h00

Diabétologie - Obésité en 2026 : Quoi de neuf ?

14:00 – 15 :45 :

Session 3

Moderators

**H. BAIZRI (Marrakech) - M. ELFAHIM (Rabat) - K. BENOMAR (Casablanca) –
J. ISWANI (Rabat)**

Diabetic foot: key messages. **S. EL AMARI (Casablanca)**

Artificial intelligence and therapeutic education in diabetes. **N.E. HARAJ (Casablanca)**

Diabetic retinopathy and the contribution of artificial intelligence. **S. BENCHEKROUNE (Rabat)**

Endolik: Moroccan innovation for efficient and sovereign digital health. **L. ABAINOU (Agadir)**

Discussion

15:45-16:00 :

Pause santé

16:00 – 18:00 :

Session 4

Moderators

G. BELMEJDOUB (Rabat) - **A. MEFTAH** (Marrakech) - **S. ROUF** (Oujda) -
L. ABAINOU (Agadir)

Global obesity epidemic: continuously rising figures. **J. BELKHADIR** (Rabat)

Diabetes and lifestyle. **J. ISWANI** (Rabat)

Therapeutic management of obesity. **G. SABBAR** (Rabat)

Diabésité : nouvelles approches thérapeutiques. **H. IRAQI** (Rabat)

Discussion

Conclusion and Closing