



International Symposium on Diabetes and Nutrition

Rabat, 5th and 6th of July, 2013

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Declaration 2013 of Rabat on the Fight against Diabetes in the MENA Region

Under the High Patronage of His Majesty King Mohammed VI, the Moroccan League for the fight against Diabetes, a member of the International Diabetes Federation (IDF), organized the International Symposium on Diabetes and Nutrition on the 5th and 6th of July 2013 in Rabat. This event was organized in collaboration with the Association for the Fight against Diabetes (member of the IDF in the MENA Region), and supported by the Moroccan Ministry of Health, the National Council of the National Order of Physicians and Scientific Societies, in the presence of recognized experts in Diabetes from the MENA Region, Africa, the Mediterranean region and Europe.

This International Conference was not only an opportunity to discuss recent scientific and technical achievements in the prevention and treatment of diabetes, but also a chance to discuss strategies implemented in the MENA Region, to fight against this epidemic, in compliance with the policy statement of the high-level meeting of the United Nations General Assembly on the prevention and control of non communicable diseases in 2011, as well as the guidelines contained in the 2011-2021 global Plan of the International Diabetes Federation and the ones adopted by the 66th World Health Assembly of the WHO in Geneva in 2013.

The scientific program included various aspects of diabetic disease, its complications, prevention and treatment.

An important part of the symposium was devoted to the problems of epidemiological transition associated with the rapid and expensive costs of diabetes in the Maghreb countries and the MENA Region, as well as recent acquisitions in terms of diagnosis, treatment and prevention.

The participants in this symposium:

- **Aware of the growing and alarming extent** of the epidemiological phenomenon of non-communicable diseases, including Diabetes in the world in general and in the MENA Region in particular;
- **Aware of the scientifically proven relationship between social inequality and health inequalities**, and hence the need for urgent actions on the social and environmental determinants of diabetes to stop its increase in accordance with the agenda of the WHO and the guidelines and the IDF;
- **Invite all stakeholders involved** in the issue of the fight against diabetes in the MENA Region, to become more involved to achieve the objectives and guidelines of the WHO and the IDF in the fight against Diabetes;
- **Highlight the need** for convergence and coordination of strategies and programs to fight against diabetes, with the sharing of successful experiences in the field in the MENA Region.

Done in Rabat. July 6th 2013

In behalf of the participants of the The International Symposium
On Diabetes and Nutrition

Pr Jamal Belkhadir

President of the Moroccan League for the Fight against Diabetes