



الرابطة المغربية لمحاربة داء السكري
Moroccan League for the Fight against Diabetes



International
Diabetes Federation
Middle East and North Africa

**With the support from the Ministry of Health and
the National Council of the National Order of Physicians,**

The Moroccan League for the Fight against Diabetes
Member of the International Diabetes Federation

organizes

The National Conference on Diabetes and Nutrition



May 13 and 14, 2016 - Rabat
Faculty of Medicine and Pharmacy

PROGRAM

MESSAGE FROM THE PRESIDENT



Under the aegis of the Ministry of Health, the National Council of the National Order of physicians and with the support of the International Diabetes Federation in the MENA Region, the Moroccan League for the Fight against Diabetes, a member of the International Federation of diabetes, organizes the National Conference on Diabetes and Nutrition, on the 13th and 14th May 2016 in the Faculty of Medicine and Pharmacy of Rabat.

Organised as part of the National Campaign on Diabetes launched by the Ministry of Health, the theme of the symposium is "Diabetes in 2016: What's New? ". Diabetes issue will be debated in the light of recent acquisitions. A training session for paramedics is planned. Similarly, poster sessions and symposia are also scheduled.

Leading national experts from various University Hospital Centers of Rabat, Casablanca, Marrakech, Fes, Meknes and Oujda will animate this important event. Likewise, officials of various departments of the Ministry of Health concerned by the problem of diabetes and nutrition, social welfare organizations, national experts in various fields as well as foreign guests from Europe, the Maghreb and Africa will be with us and will raise the level of debate and recommendations.

After the success of the International Conference on Diabetes and Nutrition, under the High Patronage of His Majesty the King, which was held in Marrakech on 29 and 30 May 2015, the Moroccan League for the Fight against Diabetes, organizes this Conference and introduces more scientific topics relating to diabetes and Nutrition. A session devoted entirely to the role of the various partners in the management of diabetes is planned with the participation of the Board of the World Parliament of Diabetes.

Held at the prestigious Faculty of Medicine and Pharmacy of Rabat, the program spread over two days will allow participants from different backgrounds, including Endocrinologists and endocrinology residents, the others specialists, the general practitioners, medical students and all those interested in the Diabetes and Nutrition. The theme of Diabetes will be addressed under new insights highlighting the importance of the involvement of all the components of the Moroccan society in accordance with the guidelines of national and international health agencies (WHO, IDF, UN ..).

The Fight against Diabetes, Obesity and Nutrition Diseases is everyone's matter ...
Let's all combine our efforts to strengthen the treatment but also to develop an effective prevention strategy against this scourge of the century

PROGRAM

« Diabetes in 2016: What's New ? »

Friday - Morning **Session 1 : Conference Room**

8:30 - 10:30

Moderators : *Pr M. Adnaoui (Rabat), Pr M. Belhadj (Oran), Pr H. G. Monabeka (Brazaville)*

- Diabetes in Africa : What characteristics? *Pr J. Abodo (Abidjan, Ivory Coast)*
- Kidney and diabetes. *Pr L. Benamar (Rabat)*
- Eye and diabetes. *Pr A. Berrahou (Rabat)*
- Nerve and diabetes. *Pr N. Birouk (Rabat)*
- Heart and Diabetes. *Pr M. Alami (Casa)*

10:30-11:00 Coffee break

11:00 - 12:30

Moderators : *Pr S. Abir (Rabat), Pr R. Bayahia (Rabat), Pr N.M. Baldé (Konakri, Guinée)*

- Arteritis of the lower members and diabetes. *Pr Z. Tazi Mezalek (Rabat)*
- Foot and diabetes. *Pr G. El Mghari (Marrakech)*
- Liver and diabetes. *Pr M. Benazzouz (Rabat)*
- Bone and diabetes. *Pr N. Hajjaj Hassouni (Rabat)*

12:30 - 13:15 Medtronic Symposium

«Treatment of diabetes by pump in 2016». *Pr M. Bada (Alger)*

Friday afternoon **Session 2 : Conference Room**

« Fight against Diabetes : for convergent and multi-sectorial approach »

3:00pm - 4:30pm

Moderators : *Pr F. Marouan (Rabat), T. Bencheikh (Rabat), Pr A. Azzouzi (Rabat), M. Hirst (Edinburg, UK)*

- Challenge pandemic of diabetes and need for a participatory approach. *Pr J. Belkhadir (Rabat)*
- Role of Government :
 - What strategy of the Health Ministry in 2016? *Dr F.Z. Mouzouni (Rabat)*
 - Partnership approach of the Health Ministry and healthy lifestyle. *Dr H. Elberri (Rabat)*
- Parliament's role :
 - Views of the World Parliament. *Mr G. Barnett (Tasmania, Australia)*
 - Views of the Moroccan Parliament. *Dr M. Brahimi (Rabat)*
- Why WHO dedicated 2016 World Health Day to Diabetes? *Mr Y. Souteyrand (Rabat)*

4:30pm - 4:45pm Coffee break

4:45 pm - 6:30 pm

Moderators : *Pr M.T. Alaoui (Rabat), Pr A. Farouqi (Casablanca), G. Barnett (Tasmanie), Pr S.N. Diop (Dakar)*

- Medical Education and prevention of diabetes and nutritional disorders. *Pr M. Adnaoui (Rabat)*
- Role of NGOs and civil society :
 - Diabetes in Europe. *Sir M. Hirst (Edinburg, United Kingdom)*
 - Diabetes in MENA Region. *Pr A. El Sayed (Sohag, Egypt)*
 - Diabetes in Africa. *Dr E. Bouenizabila (Brazzaville, Congo)*
 - Role of NGOs in the management of diabetes in Morocco. *Dr F. Bouchareb (Rabat)*
- Case of a conclusive argument of the Moroccan League for the Fight against Diabetes, from the Moroccan Parliament led to the creation of a nursing category (e) in chronic diseases. *Pr A. Foukahi (Rabat)*

6:30 pm Opening Session

- Welcom speeches

- Inaugural Conference "Is it possible to change the eating habits of a population: between medical necessity and socio-cultural barriers?"

Pr A. Mattar (Cairo, Egypt)

Saturday - Morning **Session 3 : Conference Room**

8:30 - 10:00

Moderators : *Pr H. Ghomari (Casablanca), Pr J. Abodo (Abidjan), Pr A. Traouré Sidibe (Bamako)*

- Endocrinopathies and diabetes. *Pr M. H. Gharbi (Rabat)*
- Sleep apnea and diabetes. *Pr H. Latrech (Oujda)*
- Dyslipidemia and diabetes: The new recommendations. *Pr N. Ansari (Marrakech)*

10:00-10:30 Coffee break

10:30 - 11:45

Moderators : *Pr H. Latrech (Oujda), Dr L. Acharai (Rabat), Dr B. Assarag (Rabat)*

- Gestational diabetes in Morocco :
A neglected maternal morbidity ? *Dr B. Utz (Antwerp, Belgium)*
- Gestational diabetes mellitus in Morocco
and effects on maternal and newborn health. *Pr R. Bezaad (Rabat)*
- Maternal obesity : impact on neonatal health. *Pr A. Barkat (Rabat)*

11:45 - 12:30 Sanofi Symposium

« I am a diabetic on insulin, how do I manage my diet? »

Pr M.H. Gharbi (Rabat)

Saturday afternoon

Session 5 : Conference Room

2:30pm - 4:30pm

Moderators : *Pr N. El Ansari (Marrakech), Pr Z. Arbouch (Alger), Dr K. Dago (Abidjan)*

- Oral hypoglycemic agents: What is new? *Pr H. Oulaghzel (Meknes)*
- Metformin : What is new? *Pr J.D. Lalau (Amiens, France)*
- Sport and diabetes. *Pr H. El Ouahabi (Fes)*
- When and how to optimize insulin therapy. *Pr G. Belmejdoub (Rabat)*
- Future Treatments of diabetes. *Pr A. Chadli (Casablanca)*

4:30pm-5:00pm : Coffee break

5:00pm - 6:30pm

Moderators : *Pr A. Chadli (Casablanca), Pr F. Ajdi (Fes), Pr A. Gaouzi (Rabat)*

- Role of general practitioner in the management of diabetes in the MENA Region. *Pr Z. Abir (Cairo, Egypt)*
- Ramadan and diabetes : New guidelines. *Pr A. El Sayed (Sohag, Egypt)*
- Smartphone and diabetes. *Pr S. El Aziz (Casablanca)*
- Social insecurity and diabetes. *Pr H. Baïzri (Marrakech)*
- Psychopathological problems and diabetes *Pr A. Ouanass (Rabat)*

Saturday - Morning

Session 4 : Lecture Hall

Paramedical Session

8:30 - 10:30

Moderators : *Pr H. Elouahabi (Fes), Pr M. Sandid (Beyrouth), Pr H. G. Monabeka (Brazaville)*

- Inauguration speech. *Pr K. Benabed (Rabat)*
- Training of health professionals in injection techniques. *Ms M. Belhaj (Marrakech)*
- Injection techniques of insulin. *Ms L. Cuisto (Marrakech)*
- Injection of insulin and zoning. *Ms N. El Ouarradi (Marrakech)*
- Complications with the injection of insulin sites. *Dr A. Touiti (Marrakech)*

10:30-11:00 : Coffee break

11:00 - 12:30

Moderators : *Pr N. El Ansari (Marrakech), Dr E. Bouenizabila (Brazaville), Pr M. Bada (Alger)*

- Phobia of injecting insulin: Psychological care. *Ms A. Ait Yahia (Marrakech)*
- Management of injection equipment and hospital hygiene. *Ms M. Belhaj (Marrakech)*
- Introduction to the functional insulin therapy. *Ms F.Z. Kourdou (Oujda)*

Saturday afternoon

Session 6 : Lecture Hall

Paramedical Session

2:30pm - 4:30pm

Moderators : *Pr H. Latrech (Oujda), Pr B. Benhammou (Rabat), Mr A. Khayri (Rabat)*

- Equivalent of the food consumed in Morocco. *Ms N. Lahrach (Rabat)*
- Diet and type 1 diabetes. *Dr N. Bennani (Rabat)*
- Adjustment of insulin doses : The role of the nurse. *Ms F. Bouka (Rabat)*
- Hypoglycaemia management by the nurse. *Ms R. Bari (Rabat)*

5:00pm - 6:30pm

Moderators : *Dr N. Bennani (Rabat), Pr A. Traouré Sidibe (Bamako), Mme L. Cuisto (Marrakech)*

- Diabetic foot. *Dr S. El Ammari (Casablanca)*
- Diabetes management of Ramadan around the Conversation Map. *Ms H. Chaoui (Rabat)*
- Status of Nursing in Diabetology in Morocco : Current situation in 2016. *Pr A. Foukahi (Rabat).*

LIGUE MAROCAINE DE LUTTE CONTRE LE DIABÈTE

Président Fondateur : Feu Pr Jamal Dine BENSOUDA

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