



الرابطة المغربية لمحاربة داء السكري
Moroccan League for the Fight against Diabetes



Ministère de la Santé
Ministère de la Santé



International
Diabetes Federation
Middle East and North Africa



الجمعية المغربية لأمراض الغدد والتمثيل الغذائي
Conseil National de l'Ordre National des Médecins

Under the aegis of the Ministry of Health,
The National Council of the National Order of Physicians,
The Moroccan Society of Endocrinology and Diabetology and Nutrition,
and with The support of the International Diabetes Federation MENA Region

The Moroccan League for the Fight against Diabetes

Member of the International Diabetes Federation

Organizes in collaboration

with the African Francophone Society of Diabetes and
The African Society of Endocrinology, Metabolism and Nutrition

The 6th Conference on Diabetes and Nutrition

Diabetes Morocco 2017

Rabat, 7 - 8 July 2017

Faculty of Medicine and Pharmacy



Scientific Conferences

- Diabetes in Africa
- Diabetes in the MENA Region
- Diabetes and Nutrition updates

Diabetes and Rights of Diabetic people

Paramedical session

Symposiums

Sessions e-Posters

SCIENTIFIC PROGRAM

Message from the President

Under the aegis of the Ministry of Health, the National Council of the National Order of Physicians, the Moroccan Society of Endocrinology, Diabetology and Nutrition (SMEDIAN) and with the support of the International Federation of Diabetes MENA Region, **the Moroccan League for the Fight against Diabetes** organizes its 6th edition of the Symposium on Diabetes And Nutrition, **Diabetes Morocco 2017**, on 7 and 8 July 2017 in Rabat at the Faculty of Medicine and Pharmacy.



This year we are honoured to welcome **Professor Shaukat Sadikot, President of the International Diabetes Federation** and **Professor Claude Jaffiol, President of the French Academy of Medicine**, as Honorary Presidents of the Congress.

Following the success of the celebration of the World Diabetes Day, under the **High Patronage of His Majesty King Mohammed VI**, which took place in Dakhla on 11th, 12th and 13th November 2016, the Moroccan League for the Fight against Diabetes organizes this Conference on Diabetes and Nutrition in Africa and the MENA Region. Other session will be devoted to **the Rights of Diabetic people and the Observatory for the Protection and Promotion of the Rights of Diabetics in Africa**, which was established in Dakhla. A continuing education session is planned for paramedic on the subject of diabetes diet. Also, e-poster sessions and symposia are scheduled.

Eminent foreign guests from Asia, Africa, Maghreb, MENA Region and Europe will invited in our meeting. Similarly, national experts from various Universities and Hospital Centers in Rabat, Casablanca, Marrakech, Fez, Agadir and Oujda will participate and lead this important event. Besides that the heads of the different departments of the Ministry of Health concerned by the problems of diabetes and Nutrition, CNOPS, ANAM and CNONM will not only be during the session but also will be important participants discussing the issue of diabetes And its recommendations.

The two-day scientific program targets Endocrinologists, Residents in Endocrinology, other specialists, general practitioners and all those interested in Diabetes and Nutrition. It will enable them to tackle the issue of diabetes in Morocco, Africa and the MENA Region using new perspectives.

The fight against the diabetes pandemic is now a global priority. It is even more urgent in developing countries, more particularly in Africa and the MENA Region.

With its ramparts and its history, the beautiful city of Rabat that welcomes you bears the name whose meaning in Arabic means **«Belt or Rampart»**. Let us all be **«the Ribat or the Rampart»** and let us lodge against this plague that constitutes Diabetes.

Finally, I wish our guests from Asia, Africa, Europe and MENA Region a pleasant stay in our country and to you all a congress that I hope will meet your expectations.

Honorary Presidents of the Conference

Pr Shaukat Sadikot

President of the IDF

Pr Claude Jaffiol

President of the French Academy of Medicine

Friday, July 7th

Morning

Conference Room

Session 1 : Diabetes in the MENA Region

8:30-10:30

Moderators : *M. Adnaoui (Rabat), H. Akhtar (Oslo), N. Albache (Alep), Abdul Basit (Karachi)*

- Management of Diabetes in Morocco.
A. Farouqi (Casablanca)
- Management of Diabetes in Algeria.
M. Belhadj (Oran)
- Management of Diabetes in Egypt.
I. Shaltout (Cairo)
- Management of Diabetes in Lebanon.
M. Sandid (Beyrouth)
- Management of Diabetes in Gulf Countries.
A. Alhamaq (Doha)
- Management of Diabetes in Pakistan.
A. Basit (Karachi)
- Can we stop the epidemic of Diabetes in the MENA Region?
N. Albach (Alep)

10:30-11:00 Coffee break

Session 2 : Diabetes in Africa

11:00-12:45

Moderators : *A. Chraïbi (Agadir), M. Belhadj (Oran), S. Diop (Dakar),
A. Morsi (Alexandria)*

- Management of Diabetes in Ivory Coast.
J. Abodo (Abidjan)
- Management of Diabetes in Guinea.
N.M. Baldé (Conakry)
- Management of Diabetes in Senegal.
N. Diop (Dakar)
- Management of Diabetes in Congo Brazaville.
H.G. Monabeka (Brazaville)
- Management of Diabetes in Cameroun.
E. Sobngwi (Yaoundé)
- The Global Burden of Diabetes: How is IDF responding to its challenge?
H. Akhtar (Oslo)

12:45-14:30 : Lunch

Friday, July 7th

Afternoon

Conference Room

Session 3 : Updates in Diabetology (1)

14:30-16:00

Moderators : *M.H. Gharbi (Rabat), A. Chadli (Casablanca),
H. Baïzri (Marrakech), F.Z. Mouzouni (Rabat)*

- Epigenetic and type 2 Diabetes.
K. AL-Rubeaan (Riad)
- Pre-diabetes: What care?
A. Chraïbi (Agadir)
- Diabetes and high blood pressure.
A. Sayed (Sohag)
- Diabetes and erectile dysfunction.
F. Ajdi (Agadir)
- Diabetogenic therapeutics in Internal Medicine.
H. Harmouch (Rabat)

16:00-16:45 : **Symposium :** "L'annonce diagnostique du diabète en pratique".
Pr R. Malek (Sétif)

16:45-17:15 : **Coffee break**

17:15-18:45

Opening Ceremony

- Welcome speeches
- Inaugural Conferences :
 - Future prospects of the IDF in the Fight against Diabetes.
S. Sadikot (Mumbai)
 - Diabetes and precariousness.
C. Jaffiol (Montpellier)
 - Type 1 Diabetes : between yesterday and today.
J.J. Robert (Paris)

Saturday, July 8th

Morning

Conference Room

Session 4 : Updates in Diabetology (2)

8:30-10:30

Moderators : *R. Bezad (Rabat), H. Latrech (Oujda), A. Barkat (Rabat),
B. Assarag (Rabat)*

- Educational approach in Diabetology : practical aspects.
N. Al Ansari (Marrakech)
- Screening and management of Gestational Diabetes in Primary Care.
B. Assarag (Rabat)
- Dietary management of pregnant women with gestational diabetes.
L. Acharai (Rabat)
- Contraception in diabetic women.
H. Latrech (Oujda)
- Diabetes and dental complications.
M. Buysschaert (Bruxelles)
- Fight against noncommunicable diseases: what's new?
K. Mesbah (Minia)

10:30-10:45 **Coffee break**

10:45-11:30 **Symposium**

Meeting Room

Session 5 : Paramedic Session (1)

8:30-10:00

Moderators : *F. Ajdi, (Agadir), M. Sandid (Beyrouth), O. Laaribi (Tangia),
A. Gaouzi (Rabat)*

- How to evaluate eating habits?
H. Kaoukabi (Marrakech)
- What diet for a healthy lifestyle?
H. Belkourati (Oujda)
- What diet for type 2 diabetics through the Map Maps.
H. Chaoui (Rabat)
- What type of diet for type 1 diabetics?
G. El Bawi (Casablanca)

10:00-10:30 **Coffee break**

Session 6 : Paramedic Session (2)

10:30-13:00

Moderators : *H.G. Monabeka (Brazaville), G. Lamghari (Marrakech),
A. Marrakchi (Fes), K. Benabed (Rabat)*

- Therapeutic cooking.
S. Bouabeli (Fes)
- What diet for the diabetic renal insufficiency?
S. Labzizi (Rabat)
- What is the role of sweeteners in the diabetic?
S. Bensbaa (Casablanca)
- Diabetes and physical activity : what dietary adaptation?
A. Benhameda (Casablanca)
- What diet in pre and post bariatric surgery?
H. Kaoukabi (Marrakech).

Conference Room

Session 7 : Updates in Diabetology (3)

11:30-13:00

Moderators : *G. Belmajdoub (Rabat), N. El Ansari (Marrakech),
J. Abodo (Abidjan), I. Shaltout (Cairo)*

- Why aren't we succeeded in translating the evidence-base into the real life?
S. Karadeniz (Istambul)

- Diabetes management: role of the general practitioner.
F. Azizi (Rabat)
- Developing advanced techniques in Diabetes education.
M. Arab (Alexandria)
- Transition in Diabetology.
S. El Aziz (Casablanca)
- Therapeutic innovations of type 2 Diabetes.
M. Buysschaert (Bruxelles)
- Update of inhibitors of SGLT2.
B. Bauduceau (Paris)

13:00-14:00 Lunch

Saturday, July 8th

Afternoon

Conference Room

Session 8 : « Rights of People with Diabetes »

14:00-16:00

Moderators : *M. Biadillah (Rabat), M.T. Alaoui (Rabat),
F. Marouan (Casablanca), S. Diop (Dakar)*

- Why an African Observatory on the Right of Diabetics?
J. Belkhadir (Rabat)
- Socioeconomic impact of Diabetes in Africa.
E. Sobngwi (Yaoundé)
- Right of diabetics in African legislations.
S. Diop (Dakar)
- Right of diabetics in Moroccan legislation.
F.Z. Gouaima (Rabat)
- Social assistance for diabetics. Moroccan experience.
K. Cherkaoui (Rabat)
- Diabetes and the role of the media in Africa.
A. Ghazali (Rabat)

16:00-16:45 : Symposium

16:45-17:30 : Closing session and distribution of the Poster prizes.

Scientific committee

President : Pr Jamal Belkhadir

Members :

Pr. Fatima Marouan (Casablanca)
Pr. Mohamed Adnaoui (Rabat)
Pr. Jacko Abodo (Abidjan)
Pr. Moussa Naby Baldé (Conakry)
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Pr. Eugene Sobngwi (Yaoundé)

Jury prize poster

Président : Pr Mohamed Adnaoui

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Pr. Jacko Abodo (Abidjan)
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Dr. Otman Laaribi (Tanger)
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Pr. Nawal El Ansari (Marrakech)
Pr. Ghizlane El Mghari (Marrakech)
Pr. Ahmed Farouqi (Casablanca)
Pr. Ahmed Gaouzi (Rabat)
Pr Hanane Latrech (Oujda)

Moroccan League for the Fight against Diabetes

Founding President : Pr Jamal Dine BENSOUA

Officers of the League	
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Deputy General Secretary	Mr Ghazouani BENHASSAIN
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