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Dear Colleagues

As you know, the Moroccan League of Fight against Diabetes had rich 2018, organizing and participating in many scientific and medico-social events:

- 1- Organization of the 7th International Symposium on Diabetes and Nutrition, “**Diabetes Morocco 2018**”, under the **High Patronage of His Majesty King Mohammed VI**, at the Abulcassis University of Rabat, from July 6 to 8, 2018.
- 2- Participation with the Moroccan Delegation to the **seventy-third session of the General Assembly of the United Nations** held from September 24 to October 1, 2018 in New York.
- 3- Adoption by the **Moroccan Parliament of the soda tax**, defended by the

Moroccan League for the fight against diabetes in collaboration with the Moroccan Society of Nutrition, Health and Environment and a group of experts from the Ministry of Health, Nutritionists and parliamentarians.

4- Celebration of the World Diabetes Day, November 9 and 10, 2018 in collaboration with the University Ibn Tofaïl of Kenitra.

5- Participation in scientific events:

- ° The International Diabetes Federation MENA Region (Cairo: 7 - 10 February 2018)
- ° Congress of Diabetology, Algeria (Oran, University Hospital: 1 - 3 February 2018),
- ° Moroccan Society of Arterial Hypertension (Casablanca: April 19, 2018);
- ° Libreville (African Francophone Diabetes Society: November 20 to 30, 2018);
- ° Moroccan Society of Nutrition, Health and Environment (Casablanca: December 14, 2018).

6- Scientific publications

Publication in 2018 of more than 10 articles in high-impact journals on Nutriscore, reduction of sugar content in processed products, physical activity, obesity, sodium, calcium ... with our partner the Regional Center Designated Nutrition AFRA / IAEA (University Ibn Tofaïl-CNESTEN).

On the other hand, for the year 2019, the program of the Moroccan League for the Fight against Diabetes, will include the following activities:

- **A continuing medical education program** for doctors and nurses in different regions of Morocco, the first will be held on January 16 and 30 in Kenitra;
- **The 8th National Symposium on Diabetes and Nutrition, Diabetes Morocco 2019**, July 5 and 6, 2019 at Ibn Tofaïl University of Kenitra;
- **Education, awareness raising activities** with conferences and information sessions on primary and secondary prevention of diabetes and metabolic diseases;
- **Screening activities for diabetes**, obesity and hypertension for the population of these regions;
- **Celebration of World Diabetes Day**, on November 13, 14 and 15

2019, with influenza vaccination campaign in close collaboration with the Ministry of Health.

As previously announced, the 8th National Conference on Diabetes and Nutrition, **Diabetes Morocco 2019** will be held at Ibn Tofail University in Kenitra on July 5 and 6, 2019.

This event will be organized in collaboration with the Moroccan Society of Endocrinology Diabetology and Nutrition, the Moroccan Society of Nutrition, Health and Environment, the University Ibn Tofail of Kenitra, The Regional Designated Center of Nutrition AFRA / IAEA (University Ibn Tofail - CNESTEN) and the Medical Delegation of the Kenitra Province.

The Conference program, focusing on Diabetes and Nutrition, will include:

- Updates on Diagnostic and therapeutic approaches;
- Workshops on Diabetes and Nutrition;
- Continuing education of doctors and nurses;
- Symposiums.

We would like to reiterate our heartfelt thanks to all those who continue to support the success of the League's activities.

That the year 2019 fits in the continuity of the acquired achievements and is carrying new hopes for the diabetics, the Moroccan Diabetology, African and of the MENA Region.