



**Under the aegis of the Ministry of Health,
the Ministry of the National Education, Professional
Training,
Higher Education and Scientific Research,
and the National Council of the National Order of
Physicians**

**The Moroccan League for the Fight against Diabetes
and the University Ibn Tofail of Kenitra**

Celebrate the World Diabetes Day

**at University Ibn Tofail
Kenitra, on November 9 and 10, 2018**

Under the theme: «The Family and Diabetes »

in collaboration with

- Provincial Medical Delegation of Kenitra ;
- WHO, Moroccan ;
- CNOPS;
- ANAM ;
- Society of 'Endocrinology Diabetology and Nutrition ;
- Moroccan Society of Nutrition, Health and Environment ;
- Regional Designated Center of Nutrition AFRA / IAEA ;
(University Ibn Tofail - CNESTEN);
- Association "Tous avec le Coeur".

Program

Friday 9th, November 2018; 15:30 – 18:30

**Moderators : Pr Jamal Belkhadir (Rabat) – Pr Kebira Benabed (Rabat) -
Pr Anas Guerboub and Dr Laila El Ammari (Rabat)**

1- Continuous training for doctors of Kenitra and its region on Diabetes, its complications and its treatment:

- Diabetic Education: Essential Role in the Management of Diabetes.
- Hypoglycemia and Diabetes.
- Hyperglycemia and Diabetes.
- Diabetic pregnancy.
- What's new in the treatment of Diabetes?
- Insulin therapy: Why, when and how?
- Discussion of clinical cases.

2- Continuous training for nurses of Kenitra and its region about the role of the nurse in the management of Diabetes.

Moderators : Pr Badia Benhammou (Rabat) – Dr Naima Bennani (Rabat) - Jilali Falsi (Rabat)

Speakers : Hala Chaoui (Rabat) – Kamila Abdou-Marrakchi (Rabat) – Fatim Zahra Cherkaoui (Rabat)

Topic : “**Diabetes and insulinotherapy**”.

Saturday 10th November 2018; 08:30 – 13:30

Grand Amphithéâtre (General public)

First session; 8:30 – 10:30

**Moderators : M.T. Alaoui (Rabat) – M. Youbi (Rabat) –
R. Bekkali (Rabat) – G. Belmejdoub (Rabat)**

- Diabetes in Morocco: alarming figures. **Pr J. Belkhadir (Rabat)**
- Stepwise 2017 survey on Diabetes in Morocco. **Dr A. Belakhel (Rabat)**
- Diabetes and universal health coverage. **Dr S. Triki (WHO, Rabat)**
- Eye and Diabetes. **Pr N. Essakalli (Rabat)**

- Nerve and Diabetes. **Pr A. Benomar (Rabat)**
- Diabetic foot: How to avoid risks? **Pr K. Benabed (Rabat)**
- Diabetes and pregnancy: A high-risk pregnancy. **Pr A. Kharbach (Rabat)**
- Can we avoid the complications of Diabetes? **Pr A. Guerboub (Rabat)**

Opening ceremony; 10:30

Second session; 11:00 – 13:00

**Moderators : F. Marouan (Casablanca) – H. Benkirane (Kénitra) –
A. Barkat (Rabat) – A. Yahyane (Rabat)**

- Diabetes and diet: What advice? **Dr B. Rabi, Pr J. Heikel (Casablanca)**
- Dietary Gestational Diabetes. **Dr L. El Ammari (Rabat)**
- Reduce the consumption of sugar and fat, a good necessary for health. **Pr H. Benkirane (Kénitra)**
- Nutrition and brain. **Pr A. El Hessni, Pr A. Mesfioui (Kénitra)**
- Can Diabetes be prevented? **Pr A. Chadli (Casablanca)**
- Can Diabetes be prevented in infants? **Pr A. Barkat (Rabat)**
- Rights and duties of people with Diabetes. **Dr M. Brahimi (Rabat)**
- Diabetes and social security in Morocco. **A. Adnane (Rabat)**
- Family and diabetes: For better diabetes management. **Pr F. Marouan (Casablanca).**

Saturday 10th November 2018; 08:30 – 12:30

Amphithéâtre 2 (General public)

- Screening campaign for Diabetes, high blood pressure, obesity and cholesterol.
- Influenza vaccination campaign.
- Education and awareness sessions on Diabetes and healthy living, with lectures and meetings with experts.
- Social and cultural activities:
 - Video projection for awareness of Diabetes.
 - Animations and artistic presentations on Diabetes: theatrical pieces, poetry, plastic art, ...
 - Projection of short films on Diabetes.

All services are free. Free entry.

