



World Diabetes Day Celebration

Laâyoune, November 8 – 10, 2019

Under the Theme:

« Family and Diabetes »

Palais des Congrès

Saturday, November 9th 2019

Scientific Program

9:00 – 10:30

Session 1

Moderators : Pr M.T. ALAOUI (Rabat), Pr M. ADN AOUI (Rabat),
Dr M. Y OUBI (Rabat), Dr A. HOUARI (Laâyoune)

- Diabetes in the Arab World
Pr Nada BENA JIBA (Riyad)
- Diabetes and Obesity.
Pr Kaoutar RIFA I (Rabat)
- Diabetes and Sugar.
Pr Abdelmjid CHRAIBI (Agadir)
- Cost of Diabetes and Obesity in Morocco.
Pr Jaafar HEIKEL (Casablanca)
- Nutri-Score and Health Nutrition.
Pr Hassan AGUENAOU (Kenitra)

10:30– 11:00

Health Break

11:00 – 12:45

Session 2

Moderators : Pr M.H. GHARBI (Rabat), Pr N. EL ANSARI (Marrakech),
Dr A. MARRAKCHI (Fès), Dr H. SALLAH (Laâyoune)

- Diabetes in Africa : Particularities.
Pr Francis ZOTOR (IUNS - Ghana)
- New Classification of Diabetes: What practical consequences?
Dr Kanza BENOMAR (Casablanca)
- Diabetes and Liver: What New?
Pr Hanan LATRECH (Oujda)
- Diabetes and Nephropathy: What new?
Pr Yasmine BENTATA (Oujda)
- Heart and Diabetes: What new?
Pr Mohamed ALAMI (Casablanca)

12:45- 14:00

Lunch

14:00 – 15:30

Session 3

**Moderators : Pr A. CHRAIBI (Agadir), Pr J. BELKHADIR (Rabat)
Pr M. ALAMI (Casablanca), Dr F.Z. MOUZOUNI (Rabat)**

- **Gestational Diabetes.**
Pr Nawal EL ANSARI (Marrakech)
- **Diabetes and Pregnancy.**
Pr Farida AJDI (Agadir)
- **Diabetes and Hypoglycemia.**
Pr Kébira BENABED (Rabat)
- **Diabetes and Dyslipidemia: New Recommendations.**
Dr Kanza BENOMAR (Casablanca)
- **New Therapeutics of Diabetes.**
Pr Jamal BELKHADIR (Rabat)

15:30 – 16:00

Health Break

16:00 – 18:00

Session 4

**Moderators : Pr J. HEIKEL (Casablanca), Pr F. AJDI (Agadir)
Dr H. EL BERRI (Rabat), Dr M. BRAHIMI (Rabat)**

- **Message of African Federation of Nutrition Societies.**
Pr Robert FUNGO (FANUS - Ouganda)
- **WHO and the Fight against Diabetes and NCD.**
Dr Hicham EL BERRI (WHO – Morocco)
- **Nutrition and Non-Communicable Diseases.**
Pr Hassan AGUENAOU (Kénitra)
- **Diabetes and Coordinated Care Path.**
Dr Latifa BELAKHAL (Rabat)
- **Diabetes and Vaccinations: Moroccan Experience.**
Dr Imad CHERKAoui (Rabat)

18:00

Official Ceremony

- **Welcome Speeches**
- **Message of the WHO representative in Morocco**
Dr Maryam BIGDELI (WHO, Morocco)
- **Diabetes and Endocrine Disruptors.**
Pr Claude JAFFIOL (Montpellier)

Medical and Social Program

Friday, November 8th 2019

**Institut Supérieur des Professions Infirmières
et Techniques de Santé - Laâyoune**

8:30 – 12:30

Grand Amphithéâtre

Diabetics and General Public

- Screening campaign for diabetes, high blood pressure and obesity.
- Immunization campaign against the flu.
- Education and awareness session on diabetes and healthy lifestyle (presentations, questions, answers, quizzes, ...):
 - Diabetes and Prediabetes in Morocco: Alarming figures
 - Can we avoid the complications of Diabetes?
 - Can Diabetes be prevented?
 - Diabetic foot: How to avoid risks?
 - Diabetes and Pregnancy: A high-risk pregnancy
 - Diabetes and Diet: What advice?
 - Rights and Duties of people with Diabetes.
- Video projection for Diabetes Awareness.
- Short film screening on Diabetes.

15:30 – 18:30

Salle 1

Continuing Education for Physicians in Laayoune and its region on Diabetes, its complications and its treatment, illustrated by clinical cases.

**Moderators : Pr J. BELKHADIR (Rabat), Dr M. BRAHIMI (Rabat),
Dr K. BENOMAR (Casablanca), Dr H. El BERRI (Rabat)**

- Diabetic Education: Essential role in the management of Diabetes.
Pr Jamal BELKHADIR (Rabat)
- Management of type 2 Diabetes of recent discovery.
Pr Kaoutar RIFAI (Rabat)
- Initiation of basal insulin.
Dr Kanza BENOMAR (Casablanca)
- Hypoglycemia.
Pr Kébira BENABED (Rabat)
- Diabetic Pregnancy.
Dr Kanza BENOMAR (Casablanca)

Salle 2

Continuing Education for nurses in Laayoune and its region on the role of the nurse in the management of diabetes.

**Moderators : Pr K. BENABED (Rabat), Dr F. Z. MOUZOUNI (Rabat),
Dr F. GOUAIMA MAZI (Rabat), Dr L. LARAKI (Rabat)**

- Diabetic Education: Role of the medical team.
- Insulin Therapy: Equipment and techniques of injections.
- Hypoglycemia: A risk not to be ignored.
- Diabetic Pregnancy: A high-risk pregnancy.
- Diabetic Foot: A social drama.
- Diabetes and Lifestyle.