



**International
Diabetes Federation**
Middle East and North Africa

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ASCENSIA
Diabetes Care

World Diabetes Day Program

***"Insulin Centenary Webinar"
"Nurses Make the Difference"***

Wednesday, 18th November 2020

Webinar Starts:

GMT (3:00 PM)

GMT +3 (6:00 PM) Mecca

CME by Dubai Health Authority
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Organizing Committee



Prof. Shabeen Naz Masood
Professor & Head Department of Obstetrics
and Gynaecology, Isra University
Karachi-Campus
Pakistan



Dr. Nadima Shegem
Consultant in Endocrinology
and Diabetes
Jordan



Ms. Michele Abi Saad
Administrative Director at Chronic
Care Center
Lebanon



Prof. Mohamed Eltom
Professor of Medicine, Ahfad
University, Sudan
Sudan

Inaugural Session



Prof. Jamal BelKhadir
IDF MENA President
Morocco



Prof. Andrew Boulton
IDF President
UK



Prof. Akhtar Hussain
Professor of Chronic Diseases – Diabetes,
NORD University of Norway
Norway



Dr. Mohamad Sandid
IDF MENA Chair-Elect
Endocrinology- Neuro Endocrinology -
Santé dans le monde - President of the
Lebanese Diabetes Association
Lebanon

Scientific Session



Prof. Adel Sayed

Professor and Consultant of Diabetes and Endocrinology - Faculty of Medicine, Consultant at the WHO and President of the Egyptian Alliance for the Incommunicable diseases

Egypt



Mrs. Pascale Nawfal

Diabetes Nurse Educator at the Chronic Care Center

Lebanon



Dr. Ahmed Salman

Consultant Physician in Diabetes and Endocrinology Blackpool Victoria Hospital Trust, Lancashire, Member of EASD, Member of ACP, Life Time Member of Nadep

UK



Dr. Sara Sedaghat

Deputy for diabetes education, research and development at Gabric Diabetes Education Association

Iran

Video by Courtesy of



Dr. Jackie Maalouf

Dialeb-National Diabetes Organization

Lebanon

Panel Discussion



Prof. Hazim Abdulrazak

Head of Iraqi Diabetes Association, Consultant Internist - Red Crescent Hospital Baghdad

Iraq



Dr. Nizar Albache

Consultant at Endocrine & Diabetes Department at Hotel-Dieu Hospital du Creusot

France



Ms. Erum Ghafoor

Baqai Institute of Diabetology & Endocrinology

Pakistan



Mr. Hormoz Kaykhanzadeh

Co-Founder & Volunteer CEO at Gabric Diabetes Education Association

Iran



Ms. Khitma Mohammad

RN - CDE

POLICE HOSPITAL HEAD DEPARTMENT OF DIABETES EDUCATION KHARTOUM

Sudan



Prof. Zaman Shaikh

FCPS, MRCP (UK), MSc in Diabetes & Endocrinology (Glasgow University), FRCP, Consultant Diabetologist & Endocrinologist

Pakistan

*Moderator for inaugural session:
Prof. Shabeen Naz Masood*

- | | | |
|------------------|---|-----------------------|
| 03:00 - 03:05 PM | ● Welcome Note | Prof. Jamal Belkhadir |
| 03:05 - 03:10 PM | ● Inaugural talk on Insulin Centenary | Prof. Andrew Boulton |
| 03:10 - 03:15 PM | ● Role of Nurses in Diabetes in MENA Region | Prof. Akhtar Hussain |
| 03:15 - 03:20 PM | ● Importance of World Diabetes Day | Prof. Mohammad Sandid |

*Moderators for scientific session:
Dr. Nadima Shegem and Ms. Michele Abi Saad*

- | | | |
|------------------|--|----------------------|
| 03:20 - 03:35 PM | ● 100 years of Insulin; a historical review | Prof. Adel el Sayed, |
| 03:35 - 03:50 PM | ● Use of Insulin in Diabetes Management.
What is the best solution for MENA Region | Dr. Ahmed Salman |
| 03:50 - 04:05 PM | ● Diabetes Education beyond Insulin therapy; Nurses make the difference | Mrs. Pascale Nawfal |
| 04:05 - 04:20 PM | ● The role of communication skills to overcome therapeutic inertia | Dr. Sara Sedaghat |
| 04:20 - 04:40 PM | ● Q&A | |
| 04:40 - 04:41 PM | ● Short Video on "Nurses Make the Difference"
Courtesy by Dr. Jackie Maalouf - Dialeb | |

Moderator for Panel discussion:
Prof. Mohamed Eltom

04:41 - 04:47 PM	When to initiate insulin in people with type 2 diabetes	Prof. Hazim Abdul Razak
04:47 - 04:53 PM	Insulin availability during disaster and pandemics	Dr. Nizar Albache
04:53 - 04:59 PM	Diabetes education model in Pakistan: step by step approach	Ms. Erum Ghafoor
04:59 - 05:05 PM	International sanctions on availability and accessibility of insulin in people living with diabetes in MENA Region	Mr. Hormoz Kaykhanzadeh
05:05 - 05:11 PM	The role of nurses in unlocking barriers in insulin initiation and titration	Ms. Khitma Mohammad
05:11 - 05:17 PM	Resistance in prescribing insulin among healthcare providers	Prof. Zaman Shaikh
05:17 - 05:23 PM	Closing Remarks: Prof. Shabeen Naz Masood	

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