



World Day "Leonard Thompson"

Appeal of the Moroccan League for the Fight Against Diabetes - January 2021 "Insulin is Life"

The Moroccan League for the Fight against Diabetes celebrated on **January 24th, 2021** **World Day "Leonard Thompson"**, which coincides with the Centenary of the discovery of insulin.

Under the slogan: "**Insulin is Life**", this important event was organized in collaboration with the Ministry of Health, WHO, IDF MENA Region, the Moroccan Society of Endocrinology, Diabetology and Nutrition (SMEDIAN), the Moroccan Society of Nutrition, Health and Environment (SMNSE), the CNOPS, the Ibn Tofail University, the "AVIESAINE" Association and the AFRA/IAEA Designated Regional Nutrition Center (Ibn Tofail University - CNESTEN).

Bringing together experts from Morocco, the MENA Region, Africa, and Europe this celebration was an opportunity to discuss the importance of the discovery of insulin and the progress made in a hundred years for people with diabetes.

At the end of the study-day and considering international and national efforts in the fight against Diabetes and in particular:

- The Political Declaration of the High-Level Meeting of the United Nations General Assembly on the Prevention and Control of Noncommunicable Diseases of September 16th, 2011;
- The WHO Global Diabetes Report 2016;
- The Insulin Prequalification Program to expand access to Life-Saving Diabetes Treatments in 2019;
- The 2019 International Diabetes Federation Diabetes Atlas;

the participants adopted jointly the appeal "**Insulin is the Life**" of the Moroccan League for the Fight against Diabetes - January 2021 :

- 1- To recognize the efforts of the League with its national and regional partners, for the commemoration of the centenary of the discovery of insulin;

- 2- Recall that the discovery of insulin in 1921 remains one of the most important medical discoveries in modern medicine;
- 3- Remind all those concerned that insulin treatment is vital and must be continued throughout life for people with type 1 diabetes. For other types of diabetes, both in emergencies, pregnancy, oral treatment failure and/or complications, insulin remains the only possible option;
- 4- Work to ensure the accessibility and availability of insulin at the level of primary health care centers;
- 5- Work for the generalization of the use of analogous insulins and the use of pens for type 1 diabetics, nationally and at all levels of care;
- 6- Work to reduce the cost of insulin by reducing the various taxes and intermediary margins (wholesalers and pharmacies, etc.);
- 7- Prioritize the establishment of registers for type 1 diabetes in large urban centers and promote the electronic medical record;
- 8- Advocate founding Diabetes Centers for young diabetics by region like that of Rabat;
- 9- Improve and update the equipment, continuing training of health professionals and education of people with diabetes in primary health care structures;
- 10- Welcome the Moroccan initiative to generalize universal health coverage to the entire Moroccan population, to improve the care of diabetics and NCDs;
- 11- Be part of the general mobilization for the implementation of the "**International Charter of Rights and Responsibilities of people with Diabetes**" launched by the International Diabetes Federation in 2011;
- 12- Advocate for a greater mobilization of all stakeholders, governmental, non-governmental and private sector, at the national, regional and African levels to prevent and control Diabetes and its complications, through mechanisms of coordination, training and exchange for the benefit of health professionals and diabetics.

Kenitra, January 24th, 2021