



In collaboration with its partners

The Moroccan League for the Fight Against Diabetes

Organizes in virtual mode

The Day on

“Diabetes and Ramadan”

March 08, 2023: 4:45 p.m. UTC

Under the theme: “What precautions? »

PROGRAM

04:45 – 05:00 pm : Opening Ceremony

- **Honorary President of French Medical Academy.**
C. Jaffiol (France)
- **President Elect of International Diabetes Federation.**
P. Schwarz (Germany)
- **President of DaR « Diabetes & Ramadan, International Alliance ».**
M. Hassanein (UAE)
- **President of DaR Francophone.** *R. Malek (Algeria)*
- **President of the Moroccan League for the Fight Against Diabetes.**
J. Belkhadir (Morocco)

05:00 – 06:30 pm : Session 1

Panelists :

C. Jaffiol (Montpellier), S. Halimi (Grenoble), H. Lhassani (Rabat)

Moderators :

J. Belkhadir (Rabat), A. Chraïbi (Agadir), H. Latrech (Oujda)

- **Ramadan and Diabetes: What endocrino-metabolic changes?**
M. Benkacem (Tangiers)
- **Ramadan fasting and intermittent fasting: What is the difference?**
S. EL AZIZ (Casablanca)
- **Diet during Ramadan: What precautions for fasters and non fasters?**
B. Rabi (Casablanca)
- **Diabetes and Ramadan fasting risk score.**
J. Belkhadir (Rabat)

Discussion

06:30 – 07:00 pm : Symposium AstraZeneca

- **Optimizing the management of Diabetes during Ramadan.**
N. El Ansari (Marrakech)



07:00 – 08:30 pm : Session 2 (Clinical cases)

Panelists :

M. Buysschaert (Brussels), H. Aguenau (Rabat), B. Bauduceau (Paris)

Moderators :

F.Z. Mouzouni (Rabat), R. Malek (Setif), A. Chadli (Casablanca)

- **Type 1 Diabetes**
H. Iraqi (Rabat)
- **Type 2 diabetes on insulin and oral agents.**
F. El Guendouz (Meknes)
- **Type 2 diabetes with cardiovascular and renal complications.**
K. Benomar (Casablanca)
- **Case of the pregnant woman.**
K. Rifai (Rabat)
- **Case of the elderly subject.**
K. Benabed (Rabat)
- **Physical activity and Ramadan.**
H. Jamoussi (Tunis)
- **Work and Ramadan.**
L. Nahim (Rabat)

Discussion

Conclusion and Closing



Prof. Jamal BELKHADIR

President of the Moroccan League for the Fight against Diabetes
Former IDF MENA Regional Chair



Prof. Claude JAFFIOL

Honorary President of French Medical Academy



Prof. Peter SCHWARZ

President Elect of International Diabetes Federation



Prof. Mohamed HASSANEIN

President of DaR “Diabetes & Ramadan, International Alliance”



Prof. Abdelmjid CHRAIBI

Endocrinologist and Diabetologist
Dean of the Faculty of Medicine Ibn Zohr of Agadir



Prof. Serge HALIMI

Former President of the Francophone Diabetes Society
Head of Endocrinology Department at Grenoble University Hospital – Grenoble



Dr Hamdoun LHASSANI

Endocrinologist and Diabetologist
President of Moroccan Society of Endocrinology, Diabetology and Nutrition



Prof. Rachid MALEK

Internal Medicine Department, CHU Setif - Algeria
President of DaR Francophone.



Prof. Martin BUYSSCHAERT

Professor Emeritus of Endocrinology at the Catholic University of Louvain
Former Head of Endocrinology and Nutrition – Brussels



Prof. Hassan AGUENAOU

Director of RDC-Nutrition – Vice President of Moroccan Society of Nutrition, Health and Environment
Designated Regional Center of Nutrition associated with AFRA / IAEA (Ibn Tofail University - CNESTEN)



Prof. Bernard BAUDUCEAU
Endocrinologist, Diabetologist
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Dr Baha RABI
Delegate of the Ministry of Health
Director of the Hassani Prefectural
Hospital Center – Casablanca



Dr Fatima Zahra MOUZOUNI

Head of Metabolic Diseases and Endocrine Unit
Department of Epidemiology and Fight Disease
Ministry of Health and Social Solidarity – Rabat



Prof. Meriam BENKACEM

Head of the Endocrinology Department
University Hospital -Tangier



Prof. Henda JAMOUSSI

Head of the Department of Nutritional
Diseases and Diabetology
President of the Tunisian Association of
Nutrition Sciences, Tunisia



Prof. Leila NAHIM

Medical Work
University Ibn Sina hospital - Rabat



Prof. Kebira BENABED

Endocrinologist Diabetologist - Rabat
Member of the Moroccan League for
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