



International
Diabetes
Federation
Morocco



Ecole Supérieure des Sciences
Paramédicales de Rabat
COLLEGE OF HEALTH SCIENCES



The Moroccan League for the Fight against Diabetes and its Partners

in collaboration with
the Majliss Ilmi of RABAT

Organizes
Education and Awareness Days

Diabetes & Ramadan

On the theme :
« Is it safe
to fast? »

**Oulemas Council
of Rabat
February 19th
2025**

**Program
from 2:00 p.m.**

Education and Awareness

- Introduction and presentation of the Day
- What is diabetes?
- Diabetes and Ramadan: What does Religion say?
- What are the risks for fasting diabetics?
- Can we evaluate the risk for a fasting diabetic?
- What glycemic monitoring during Ramadan?
- Can diabetics on insulin be allowed to fast?
- Can multi-complicated diabetics be allowed to fast?
- Can the elderly fast?
- Can pregnant women fast?
- What diet during Ramadan?
- What precautions for physical activity?

Screening Campaign

Education and Awareness

First Session

Moderators : J. ELKHADIR (Rabat), H. EL HSAINI (Rabat),
A. CHRAIBI (Agadir), H. LATRECH (Oujda)

- Introduction and presentation of the Day
- What is diabetes?
S. ABAHOU (Rabat)
- Diabetes and Ramadan: What does Religion say?
A. IRAQI (Rabat)
- What are the risks for fasting diabetics?
F.Z. SEDRATI (Salé)
- Can we evaluate the risk for a fasting diabetic?
J. BELKHADIR (Rabat)
- What glycemic monitoring during Ramadan?
M. CHANA (Rabat)

Second Session

Moderators : M.H. GHARBI (Rabat), F. RKIOUAK (Rabat),
F. EL GUENDOOUZ (Meknès), M. BENKACEM (Tanger)

- Can diabetics on insulin be allowed to fast?
H. IRAQI (Rabat)
- Can multi-complicated diabetics be allowed to fast?
M. AMJAD (Témara)
- Can the elderly fast?
K. BENABED (Rabat)
- Can pregnant women fast?
K. RIFAI (Rabat)
- What diet during Ramadan?
S. LABZIZI (Rabat)
- What precautions for physical activity?
Y. DOGHMI (Rabat)

Screening Campaign